

ROAR OF THE JAGUAR



WINTER SOLSTICE ACTIVATION OF THE FEMININE ENERGY

It is a profound honor that I combine forces with Jennifer Monterrosa, founder of Mayan Cosmic Tours to offer this Sacred Journey, "The Roar of the Jaguar", designed just for our small group of women whose hearts hear this call. My intention for this Sacred Journey to Guatemala and I know Jennifer is aligned with this, is for Jennifer and I to bring together our unique facets and gifts to create an absolutely magical journey that will touch the hearts and souls of this group of women forever. That this journey will truly be one not of a life time but of life times!!

Spirit has shown me that this sacred journey is a juxtaposition of the Mayan 20 day calendar, December 18 through January 6, as well as the twelve Holy Nights that

take place from dusk December 25 through January 5th. This is a time where the veil between the spiritual world and ordinary consciousness lifts. The twelve Holy Nights are also related to the twelve sun signs in astrology.

Because of the profound nature of the journey and the energies we will be visiting and activating within ourselves we are limiting our group to 8 minimum and 11 maximum. There will also need to be an interview to join.

I would like to extend my gratitude to Cassidy Rast who is creating the documentary "The Unification of Wisdom" with the Mayan elders. My son was filming this in Guatemala and through him I now have such dear heart-sister connections with Cassidy and Whitney Kear. Through them I was introduced to Jennifer and Tata Pedro and Danilo Rodriguez, making this magical journey possible.

Winter Solstice 2011 takes place on the day of the Jaguar, Mother Earth, shaman, feminine energies! Jennifer also is the sign of the Jaguar. My sign is that of Monkey who is the weaver or weaver of time and weaves ideas into fabric of reality, new patterns and inventions come from Monkey. We encourage you to find out your sign on the Mayan Majix website and to follow it daily to get in touch with the energies present: www.mayanmajix.com

If you hear this calling in your heart please contact me at kathleenmcintire@mac.com for any questions or to secure your place on this sacred journey. The price of this journey is \$2,995 includes:

- Transfers from airport and back
- Private transportation
- 21 nights accommodation
- All meals
- Entrance fees to all the places we will visit
- Jennifer: Specialized tour guide in Maya Cosmology
- Fire ceremonies and the materials
- Sacred fire ceremony with Tata Pedro Cruz Mayan Elder
- Special Ceremony in the main plaza at Tikal
- Workshops

With love and light, Kathleen

The following is from Jennifer and will give you the itinerary and overview of our journey....

MAYAN TIME CAPSULES

In the Mayan Cosmic Tours, we have named our tours TIME CAPSULES because they are meant to facilitate a re-connection with our own cycles of natural time. Each Time Capsule consists of a journey of 20 days of synchronization through the sacred count of the Mayan Calendar, the Tzolkin. Each day has its own energy; we will therefore not only be learning about the particular energy of each day, we will also connect these energies to our actual, moment-to-moment experience of everyday life. This way, each person learns to become a sovereign artist of his or her own field of reality, and so design an unforgettable sacred journey from event to event. Our mission is to provide you with the appropriate guidelines and circumstances, so you, yourself may find a spiritual path wherein your heart is the architect, and where your mind is the builder.

In these Time Capsules, we will be accompanied by Cosmic Guide, Jennifer. She will be sharing with you the ancestral wisdom of the Maya while we travel through this sacred and magical land. Each Time Capsule has its own energy and intention. Therefore, they are synchronized with important dates, events and natural cycles, such as Equinoxes and Solstices. We manage small groups of people in each Time Capsule in order to keep it personal and to assure a low impact on the environment.

We invite you to participate in fire ceremonies, Mayan cosmology workshops, meditations, yoga practice, sweat lodge, and the exploration of the Mayan Underworld, the caves. We have taken in account some special time dedicated for contemplation of magical natural spots, like Lake Atitlán.

We will be sharing the ancestral wisdom of the Maya, through the art of storytelling around the sacred fire, the same way our ancestors did. Let's allow ourselves to purify and align our body, mind and spirit with the natural cycles of time.

We welcome you to walk with us, like an artist of life finding himself in the middle of his creation each time the world is found in his heart.

WINTER SOLSTICE

ACTIVATION OF THE FEMININE ENERGY

The 20 Days of Synchronization

Dec 17th 2011 to Jan 7th 2012

We will start weaving the story for this Time Capsule synchronized with the celebration of the Winter Solstice at the sacred site of Tikal. We are very close to the end of the Long Count System of the Maya and we will be commemorating this date in order to wake up our consciousness and be able to align with the sacred time. This date is very important since it marks the shift of Time. The winter solstice is when the sun reaches its maximum point to the south in the horizon and becomes the hummingbird that even though he is so small, he's got every intention to start growing again towards the north to become an eagle. According to the Mayan Sacred Calendar, this December 21st will match the energy of 2 Ix , the jaguar, the representation of the feminine energy. We will participate in a fire ceremony in the Main Plaza of Tikal in front of the temple of the Great Jaguar and therefore will be activating the feminine energy. Afterward we will continue with our journey activating places of the land and ourselves while enjoying the beauty of traveling together through sacred time and space.

ITINERARY OUTLINE

Day of Arrival

Saturday, December 17th / 11 T'zi

Arrival to Guatemala City and transfer Uxlabil Ecohotel
Welcome Dinner and words by Jennifer, our Cosmic Guide
Energy Activation: Authority through unconditional love



Day 1

Sunday, December 18th / 12 B'at'z

Transfer to El Remate Petén
Introduction to the heart of the Maya (in the bus)
Visit the sacred Site of Quirigua
Energy activation: New beginnings, creativity, receiving the new energy



Day 2

Monday, December 19th / 13 Ē

El Remate, Petén,
Visit to the Sacred Site of Yaxha
Mayan fire ceremony
Energy activation: The sacred white path The Saqbe



Day 3

Tuesday, December 20th / 1 Aj

El Remate Petén
Visit and fire ceremony at the bird Sanctuary
Energy Activation: Our Spirit and our Faith



Day 4

Wednesday, December 21st / 2 I'x

El Remate Peten,

Winter Solstice Celebration at Tikal

Mayan Fire ceremony Grand Plaza Tikal

Energy activation: Our connection with Mother Earth, the primary feminine energy



Day 5

Thursday, December 22nd / 3 T'zikin

El Remate, Peten

Time for contemplation

Mayan Calendar Workshop (Jennifer)

Energy Activation : Vision and Intuition



Day 6

Friday December 23rd / 4 Ajmaq

Transfer to Candelaria Caves
Fire Ceremony in the cave
Greeting the Lords of the Underworld
Energy activation: Forgiveness



Day 7

Saturday December 24th / 5 Noj

Transfer to La Chua Lagoon
Special Dinner and meditation
Energy activation: Transforming knowledge into wisdom



Day 8

Sunday December 25th / 6 T'ijax

La Chua Lagoon

Workshop "Nahuales"

Workshop "letting go"

Energy activation: Cutting and healing negative energies

This is the first night of the Twelve Holy Nights.

I am honored to have Mary Ann McDonnell imparting the wisdom of the Holy Nights on each of the following 12 nights. She also is trained in Young Living Oils and will infuse a special essential oil corresponding to the energy each night.



Day 9

Monday December 26th / 7 Kawok

Transfer to Coban - Night activity

Energy activation: Community



Day 10

Tuesday December 27th / 8 Ajpu

Transfer to Semuc Champey, Alta Verapaz
Traveling through the sacred mountains
Visit to Semuc Champey
Energy activation: The light within



Day 11

Wednesday, December 28th / 9 Imox

Transfer to Antigua
Special Dinner
Energy activation: Our left side, the unusual



Day 12

Thursday December 29th / 10 I'q

Transfer to Chichicastenango,
Panajachel and San Marcos La Laguna in Lake Atitlán
Special welcome dinner
Energy Activation: Breathing the magic of life



Day 13

Friday December 30th / 11 Aqabal

San Marcos La Laguna
A walk into the sacred sites and altars
Ceremony with Mayan Elder Tata Pedro Cruz
Energy activation: Balancing duality



Day 14

Saturday December 31st / 12 Kat

San Marcos La Laguna
Reflection on the New Year's
Presentation of the Living Maya
Dream catchers workshop
New Year's Celebration
Energy activation: The natural web



Day 15

Sunday January 1st / 13 Kan

San Marcos La Laguna
Visit to Santiago Atitlan
Energy activation: Chakras Alignment and Activation of the feathered serpent



Day 16

Monday January 2nd / 1 Keme

San Marcos La Laguna

Visit San Pedro La Laguna and the Mayan School

Visit Tata Pedro's home

Energy activation: Our ancestors, rebirth, transformation



Day 17

Tuesday January 3rd / 2 Kej

Transfer to Panajachel

Transfer to The Beach, Pacific Ocean with black sand beach

Fire gathering and invocation for the sunset

Energy activation: Balance and harmony within ourselves and Mother Nature

Connecting with the four elements



Day 18

Wednesday January 4th / 3 Q'anil

The Beach Pacific Ocean
Workshop About the Cosmic Seed
Energy Activation : Blessing of the Seeds



Day 19

Thursday January 5th / 4 Toj

The Beach Pacific Ocean
Offering Ceremony to Mother Ocean
Energy activation: Payments and offerings



Day 20

Friday January 6th / 5 T'zi
Earth Lodge

*Ceremony for the Culmination of
20 days of Synchronization
Energy Activation: Unconditional love*



Departure Day

Saturday January 7th / 6 B'at'z
You carry the Cosmic Seed with you!

Thank you to Lotus Levin for leading our group in Yoga throughout the journey.

Lotus Levin is a Master Yoga Teacher with over 30 years experience & Certifications recognized at the Professional level by the National Yoga Alliance. Lotus is known for her empowering & transformational approach to yoga, healing & spirituality. Her unique teaching style is deeply enlivening in a way that is simple, powerful & accessible.

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May the Mayan Cosmic Tours become an entrance into the holy chambers of this heart. May it become like a center of gravity attracting the particle of YOU into this common field of reality where everyone is the sovereign designer of all that's yet to come.

www.SoaringInLight.com

www.mayancosmictours.com